

PYTHOS COVID PROTOCOLS 2020

Definition: Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus.

Most people infected with the COVID-19 virus will experience mild to moderate respiratory illness and recover without requiring special treatment. Older people, and those with underlying medical problems like cardiovascular disease, diabetes, chronic respiratory disease, and cancer are more likely to develop serious illness.

The best way to prevent and slow down transmission is be well informed about the COVID-19 virus, the disease it causes and how it spreads. Protect yourself and others from infection by washing your hands or using an alcohol based rub frequently and not touching your face.

The COVID-19 virus spreads primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes, so it's important that you also practice respiratory etiquette (for example, by coughing into a flexed elbow).

At this time, there are no specific vaccines or treatments for COVID-19. However, there are many ongoing clinical trials evaluating potential treatments. WHO will continue to provide updated information as soon as clinical findings become available. (WHO Website 2020)

Protect yourself and others from the spread COVID-19

You can reduce your chances of being infected or spreading COVID-19 by taking some simple precautions:

- Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water. Why? Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.
- Maintain at least 1 meter (3 feet) distance between yourself and others. Why? When someone coughs, sneezes, or speaks they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person has the disease.
- Avoid going to crowded places. Why? Where people come together in crowds, you are more likely to come into close contact with someone that has COVID-19 and it is more difficult to maintain physical distance of 1 meter (3 feet).

- Avoid touching eyes, nose and mouth. Why? Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and infect you.
- Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue immediately and wash your hands. Why? Droplets spread virus. By following good respiratory hygiene, you protect the people around you from viruses such as cold, flu and COVID-19.
- Stay home and self-isolate even with minor symptoms such as cough, headache, mild fever, until you recover. Have someone bring you supplies. If you need to leave your house, wear a mask to avoid infecting others. Why? Avoiding contact with others will protect them from possible COVID-19 and other viruses.
- If you have a fever, cough and difficulty breathing, seek medical attention, but call by telephone in advance if possible and follow the directions of your local health authority. Why? National and local authorities will have the most up to date information on the situation in your area. Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.
- Keep up to date on the latest information from trusted sources, such as WHO or your local and national health authorities. Why? Local and national authorities are best placed to advise on what people in your area should be doing to protect themselves.

Safe use of alcohol-based hand sanitizers

To protect yourself and others against COVID-19, clean your hands frequently and thoroughly. Use alcohol-based hand sanitizer or wash your hands with soap and water. If you use an alcohol-based hand sanitizer, make sure you use and store it carefully.

- Keep alcohol-based hand sanitizers out of children's reach. Teach them how to apply the sanitizer and monitor its use.
- Apply a coin-sized amount on your hands. There is no need to use a large amount of the product.
- Avoid touching your eyes, mouth and nose immediately after using an alcohol-based hand sanitizer, as it can cause irritation.
- Hand sanitizers recommended to protect against COVID-19 are alcohol-based and therefore can be flammable. Do not use before handling fire or cooking.
- Under no circumstance, drink or let children swallow an alcohol-based hand sanitizer. It can be poisonous.
- Remember that washing your hands with soap and water is also effective against COVID-19.

Safe and proper use of MASK:

To protect yourself and others against COVID-19, wear the WHO recommended mask. Please refer to Attachment A

Safety in the workplace:

Pythos requires all employees assigned at specific sites BGO (TI Baguio), CKO (TI CLARK), CVO (Maxim and Analog onsite, Onsemi onsite) to follow the attached Customer COVID Safety protocols.

Pythos employees working offsite, but assigned to support BGO, CKO and CVO are required to follow our customer COVID Health protocols as well.

All employees who work for Pythos Technology Philippines Inc. are required to follow the Department of Health (DOH) COVID protocols (See attached DOH protocols) when outside the work place, when at home, or travelling to and from the Customer of Pythos specific pick up locations.

It is mandatory that as per DOH and IATF (Inter Agency Task Force) that all Pythos employees wear the approved facemask and approved face shields.

All Pythos employees are also required to continuously monitor themselves for symptoms associated to or relatable to COVID 19. Employees are required to do the following once any of the COVID 19 symptoms are present:

COVID Symptoms and what to do if you have it

Body Temperature over 37.8 F

Cough

Sore Throat or redness in the throat due to coughing or infection

Colds and Runny nose

Body Weakness, aches, and pains

Difficulty Breathing

Diarrhea

SPO2 level is low due to lung infection

Procedure for person with the above mentioned symptoms

1. Contact your local Safety Officer
 - a. BGO: Noel Nacilla +63977 8568750
 - b. CKO: Ruel Auditor +63917 5402332
 - c. CVO: Badeth Amparo +63917 5324632
 - d. AVO: Jeje Tomeo +63917 5712229

2. DO NOT COME TO WORK. Self-isolate as soon as possible.
3. Continue to wear face mask and face shield while self-isolating. Even when you are at home.
4. If symptoms occur when inside the customers facility, please inform your immediate supervisor, and follow our customers COVID Safety Protocols
5. If symptoms occur at home or on your way home, please contact your Local Pythos Safety Officer.
 - a. To help us start contact tracing, please write down all your activities, as well as persons who you were in contact with for the past 3-4 days.
 - b. This will help Pythos, our customer as well as your LGU in starting contact tracing, to prevent the spread of the virus.
 - c. Stay safe and continue to self-isolate until medical assistance can be given to you
6. You may also be ASYMPTOMATIC and show no signs of COVID. If you or anyone who you have been in contact with for the past 72 hrs have done the following, please inform your Local Safety Officer ASAP.
 - a. Tested for COVID (Rapid or RTPCR)
 - b. Anyone of your family members residing with you was tested for COVID, or is suspected to have COVID.
 - c. Anyone who is living with you was required to self-isolate due to exposure to COVID
 - d. Anyone in your workplace who was required to self-isolate, was tested for COVID, or tested Positive for COVID, that you were in contact with during the regular course of your work day, or while riding in the company shuttle.
7. Always practice SAFETY FIRST. It is better to be tested for COVID and get a NEGATIVE result, than not to be tested when 1-6 applies.
8. In the Philippine 91% of COVID cases are mild, 7% are Asymptomatic, and less than 1% are severe and critical. Early recognition is the best, but nothing will beat PREVENTION.
9. Always wear the approved Face mask, Face shield and PPE (when inside the workplace).
10. Always sanitize and disinfect. When is doubt sanitize. Always have the proper disinfecting material at home or at your work place. Keep it hand at all time.
11. Please be guide that we the following documents will be available to you at all times on the Pythos website:www.pythosinc.com
 - a. Pythos COVID Protocol
 - b. DOH COVID Safety Protocol
 - c. Our Customers COVID Safety Protocol
 - d. WHO Safety Protocols

LOCAL LGU Contact information

BGO

Baguio Covid Hotlines

(074) 442-1900

(074) 442-1905

(074) 661-1485

Globe (0927) 628-0798

Smart (0999) 678-4335

LGU Brgy Loakan : 0919 2728123

CKO CDC Hot line No. for Covid Patient – 045-499-6599

CVO LGU

Dasmariñas Cavite COVID 19 Hotlines:

Globe: 0917 721 8825

Smart: 0998 843 5477

Landline: (046) 481-0555

(046) 435-0183

AVO

LAS PINAS LGU COVID HOTLINE: +632-89945782

BRGY. ALMANZA UNO: +632-88003554

PYTHOS MANDATORY COVID PREVENTION PROTOCOLS

1. Safety first at all times. When in doubt consult and ask questions. Do not put yourself or your family at risk
2. Shuttle service is being provided to make sure all employees have safe access to and from work.
3. Please practice social distancing even inside the shuttle. Our shuttle service follows IATF guidelines.
4. If you are driving yourself to work, please follow IAFT guidelines.
 - a. Always follow social distancing
 - b. Wear the proper and required IATF/DOH PPE
 - c. Refrain from activities apart from work
 - d. Follow IATF and LGU guidelines when it comes to activities outside work.
5. Bring your company ID and required APOH (Authorized Person Outside the Home) pass or Barangay Quarantine pass.
6. Check your body temperature as often as you can, before you come to work, and also the mandatory body temperature checking before boarding the shuttle, and entering the workplace.
7. Comply with all safety procedures, and required documentation for contact tracing
8. Avoid crowded places at all times
9. Limit your movement to essential and allowed activities as per IATF, and your LGU guidelines.
10. If your barangay was placed in mandatory ECQ, you must not report to work. We need to abide by IATF and LGU protocols. Inform your local Safety Officer if your Barangay has been placed under mandatory lockdown or ECQ.
11. Please consult www.pythosinc.com for the latest updates on Pythos COVID concerns as well as updates from our customers and DOH.

12. When in doubt ask questions. HINDI PO BAWAL MAG TANONG.

Return to Work

1. If an employee was tested positive for COVID, and has completed the mandatory quarantine with Negative COVID RTPCR test results. He or She must submit a Health clearance as per IATF/DOH protocol for Returning Workers.
2. If an employee is required to undergo quarantine due to close contact with a COVID positive person, the employee must submit a negative Rapid test result and must undergo medical screening as per our customers COVID Health Protocol. The Customer has the last say in allowing an employee access to the their facility
3. For employees who work onsite and are part of #2, he or she will be required to be interviewed and cleared by your local Safety Officer before being grant access inside the Pythos facility.
4. If an employee undergoes quarantine due to travel outside the restricted city, there is no need for a medical clearance, but the employee will be required to undergo an interview process with his or her local Safety Officer.

Supporting Documents:

The following documents are include in the Pythos COVID Protocols

WHO World Health Organization

DOH Department of Health

TI Baguio and Clark

Maxim Philippines

Sincerely,



Ernest Nierras
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